# TITAN ELITE ALL STARS



2023-2024
INFORMATION PACKET



### WHO WE ARE

Established in 2019, we pride ourselves on building strong, competitive teams, while also focusing on the individual athlete. We have built a quality, family environment where we model positive attitudes, respect, good sportsmanship, dedication, and commitment.

We are a proud member of the USASF and are staffed with coaches that are background checked and certified. We use state of the art techniques in our facility to train athletes in a safe and fun environment. Athlete safety is our top priority.

We develop our routines and skills to fit team level requirements in order to get the maximum possible score on the universal score sheet. We go to competitions where a thorough breakdown of this score sheet is consistently given, and we can learn the most through the judge's feedback.

# COMMITMENT

All star cheer is an intense sport that requires commitment, hard work, and discipline from athletes, parents, and coaches. Everyone plays a crucial role in the success for our program, and we are looking forward to having you join us!!

Commitment starts with parents and follows through to the athletes. The success of each team will depend on the commitment and dedication of each parent and athlete to the team. Please understand that these teams deserve and REQUIRE 100% commitment and we will not tolerate less than that. Athletes that do not demonstrate a full commitment to this program will be removed from the roster.

# CONDUCT

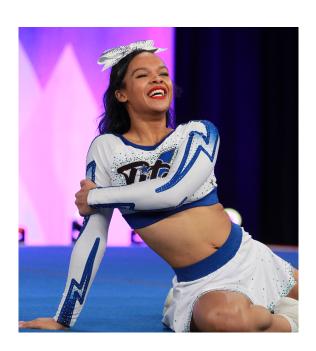
This code of conduct is for parents as well as athletes!!!

Physical altercations of any kind will result involved athletes immediate ejection from the program!!!

An all-star team very often consists of various age groups, and different stresses exist at different ages. Any inappropriate behavior or conversation (by athlete, or parent) will be strictly and swiftly dealt with. All athletes, parents and spectators will be expected to exhibit good sportsmanship and respect for the program, each other, other teams, the coaches and the facility at all times. All athletes, parents and spectators will conduct themselves in a dignified manner at all events. Alcohol, drugs, tobacco, and vape products are strictly prohibited at the Titan Elite facility and at all events! Any athlete engaging in any illegal activity, or showing up to practice or competition under the influence of alcohol or drugs, will be immediately reported to the authorities and their parents and will be removed from the team. Please remember, that the manner in which you behave reflects directly on the Titan Elite program! We will not tolerate the reputation of this program being tarnished by carelessness! Parental misconduct will result in athlete removal.

### WEB

All information will be posted on the web site, as well as on **band**. Unless you specifically state otherwise, all athletes' images and photos are subject to use on the website and in any future advertising. Our website is <a href="https://www.titanelite.net">www.titanelite.net</a>



# TEAM PRACTICE & ATTENDANCE

Attendance is critical for the success of our teams! Teams can not achieve their full potential unless they have 100% attendance, 100% of the time. Therefore all practices are mandatory.

We do ,however, understand that certain situations may arise where an athlete must miss practice, and will not be penalized. Examples of excused absences are:

- Mandatory Educational Reasons (band/chorus concerts set up by the school, other school events that athletes must attend for a grade)
- Planned family vacations that Titan Elite has been notified of in advance
- Contagious or severe illness
- Religious days.
- Death in the Family

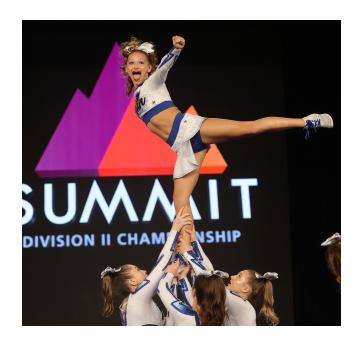
Please note that other sports/after-school activities/ homework are NOT excused absences.

Athletes frequently missing practices for reasons other than listed above, will be subject, at the coach's discretion, to removal from sections of the routine or from the team.

Additional practices may be added at the coach's discretion during competition season.

We ask that you please let us know of vacations as soon as possible, so we can plan around your child's absence. If they can not attend a practice, this must be added into the band calendar as soon as you are aware that they will miss.





### ATTITUDE

#### "If you don't have something nice to say, don't say anything at all!"

Negativity from parents or athletes in any form, at any event, will not be tolerated! When you enter the Titan Elite facility, or any event, you are a representative of Titan Elite! Any athlete or parent who behaves in a manner that is derogatory to, or engages in rhetoric designed to undermine the Titan Elite program, coaches, or athletes, will be instantly removed from the roster.

## **CROSSOVERS**

A crossover is an athlete who participates on more than one team in the program. Crossing over incurs no extra cost for the program but does incur additional Competition Fees. No athlete is required to crossover, ever. But should an athlete be invited to crossover and refuse, the placement of that athlete will be on the team the coaches feel they will best serve, not the team they choose!

### STRETCH CLASSES

This season, we will be striving to design and implement a class to improve flyer strength and flexibility. Whether or not we are successful with this, all flyers will be required to not only maintain but to demonstrate continued effort toward improving flexibility.



# **COMPETITIONS**

Athletes are required to attend all competitions. There is a possibility that competitions may be added or cancelled during the season. We will keep you informed of all competition updates/changes.

For travel competition, please remember that the reason for travel is for competition and not for vacation! It is MANDATORY for all team members to plan to travel according to the schedule set up by the coaches. DO NOT add extra travel days before or after the itinerary you receive from the coaches. For example, if the coach sends you a schedule stating that the travel day is Friday, you must travel that Friday, do not plan to leave any day before Friday as there are still practices that are critical for the team. Transportation arrangements are the responsibility of each family and will not be done by the gym. Hotel links will be provided as soon as we receive them. The competition schedule will be released no later than September 1, 2023. Competitions will fall anywhere between December 1-April 30 with post season competitions running as late as May 10-13. If you have anything scheduled (spring break trips, etc), let us know IMMEDIATELY. If you do not, please do not plan anything until we release the competition schedule to you. We are looking to compete 7 times (for elite teams), plus an end of season event this season!

COMPETITIONS ARE SUBJECT TO CHANGE. WHEN BOOKING HOTELS AND FLIGHTS, IT IS HIGHLY RECOMMENDED YOU BOOK A FULLY REFUNDABLE RESERVATION.

The final competition of the season for elite and prep teams is called an "END OF SEASON EVENT". This is a big competition at the end of the season that teams must qualify for in order to attend. If a team qualifies for this competition they will attend. Fees for this event ARE NOT INCLUDED in your "ALL INCLUSIVE TUITION". Please see the price list for further information.

# LOGO USAGE

USE OF THE TITAN ELITE LOGO FOR ANY REASON AT ANY TIME WITHOUT WRITTEN REQUEST AND APPROVAL IS STRICTLY PROHIBITED

# **FUNDRAISING**

# Funds raised may only be used toward tuition, competition fees, and pro shop items.

We recommend doing as much fundraising as possible. Fundraising is applied to competition expenses first. We will offer several fundraising opportunities throughout our season. You may do as much or as little fundraising as you like. These funds must be used by the end of the season, or they will be used for our general fund. There will be no refunds. Funds may be applied to May and June activities. PLEASE UNDERSTAND THAT ALL ACCOUNTS MUST BE CURRENT WITH TITAN ELITE BEFORE ANY FUNDS MAY BE APPLIED ANYWHERE ELSE. Should you choose to leave the program during the season these funds WILL NOT be given to you.



# NOTIFICATIONS/ COMMUNICATION

#### ALL information will be relayed through band.

All team communication is done through the **Band app.** At least one adult per athlete MUST have the band app. Once downloaded, they will receive a link inviting them to their athlete's "band". PLEASE be sure notifications are turned on at all times,

# TRAVEL & TRANSPORTATION

All travel and transportation arrangements are the responsibility of the athlete and their family. And must be done according to the event itinerary you receive from the coaches.

# LOYALTY

We ask that, since you are making a commitment to this team, you allow us to do our job. Coaches from other programs will have their own agendas, and while knowledgeable at their craft, can produce results that are counter-productive. Please refrain from classes and private lessons from other programs during the season. Words are powerful! If you have issues please do not complain to your children or other parents. Come to us. Negative statements made to athletes and teammates are corrosive and will not be tolerated.

### CELL PHONES

During practices cell phone use is not permitted, nor are phones permitted on the floor at any time.



### **UNIFORMS & ATTIRE**

# We will be purchasing new uniforms for the 2023-24 season.

Practice wear, uniforms, and warmups will be ordered at the start of the season. Athletes are expected wear proper attire to all practices and events. All athletes must have tape, pre wrap, hair ties, and all other accessories in their bag at all practices and competitions.

Uniform payments must be made on time and according to the schedule in the price list. ALL parents MUST approve the sizes. Uniforms are custom and we will not be ordering extras so when in doubt, SIZE UP! If a uniform does not fit due to a sizing error, Titan Elite will not be responsible for purchasing an additional uniform.



# **QUESTIONS**

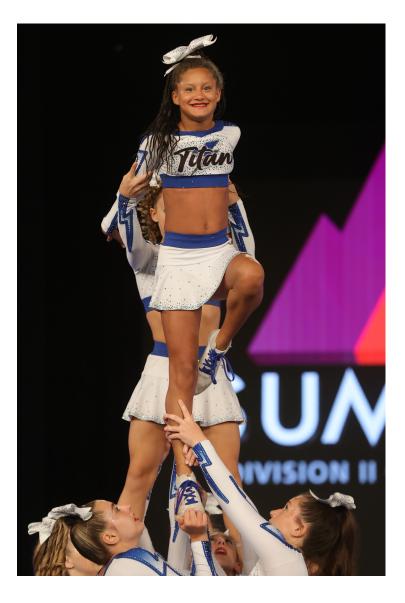
We understand that questions and issues do arise and need to be addressed. However, coaches are NOT available to field these concerns immediately before, during or after practice OR COMPETITIONS! All issues should first be brought up privately via the **Band** app or email: <a href="mailto:titanelite19@gmail.com">titanelite19@gmail.com</a>. Coaches need time to process and discuss routines after a competition. Please allow 24 hours to pass before you ask us to address your concerns. If there is something we feel you need to know, you will be told immediately.

# **SNEAKERS**

You will be responsible to purchase these on your own and to have them no later than November 1, 2023. Please do not send athletes to practice without cheer shoes. Cheer shoes are part of the athlete's equipment and them practicing without them is like a football player practicing without a helmet. Don't allow them to do it! We won't. We will let all parents know which shoes to purchase no later than September 1, 2023.

### SUMMER

Summer is the time we push skill development, strength, injury prevention and tumbling. Practices run all summer long. We understand that summer is a time for vacations and we have no desire to disrupt this! Please submit your vacation plans (into the **band** calendar) so that we may plan our summer schedule accordingly.



### **TEAMS**

The two factors that determine teams for all star cheer are age and skill.

# Age is set in stone and is determined by the athletes birthday.

There are 5 age categories in All Star cheer: Tiny (3-6yrs), Mini (5-8yrs), Youth (6-11yrs), Junior (8-14yrs), and Senior (12-18yrs).

Skill: Skills make up the entirety of a routine. Each level of competition requires a routine to have both a certain type and certain number of skills. (Please refer to the tumble chart below for a better idea.) Athletes will be placed at a level in which they can best help that team Excel. This means they should be able to not only be competent and consistent at multiple tumble skills at this level, but they must also be able to stunt, jump and PERFORM at this level all with proper technique.

Coaches reserve the right to move an athlete to a different team during the season if they do not maintain the appropriate skill level.

LEVEL	STANDING REQUIRED	STANDING ELITE	RUNNING REQUIRED	RUNNING ELITE
1	-Back Walkover -Front Walkover -Handstand FWR	-Valdez -Switch Leg Walkover -Series Back Walkover	-Cartwheel -Roundoff -Front Walkover -Back Walkover	-Cartwheel BWO -Front Walkover, Cartwheel, Back Walkover
2	-Backhandspring (BHS)	-Back Walkover BHS -T-Jump BHS -BHS-T-Jump-BHS -BHS-Walkover-BHS	-Roundoff BHS -FWO RO BHS	-FWO-Roundoff-BHS Series -Fly Spring RO BHS
3	-Standing 3 BHS -Toe Touch BHS	-BHS-Toe Touch-BHS	-Roundoff BHS Tuck -Roundoff Tuck	-FWO Roundoff-BHS-Tuck -Punchfront -Aerial (Above skills to Roundoff BHS Tuck
4	-Standing Tuck -Standing BHS Tuck -Standing 2 BHS Tuck	-Toe Touch BHS Tuck -Cartwheel Tuck	-Roundoff BHS Layout	-Punch Front Stepout- Roundoff-BHS-Layout -Roundoff-Whip-BHS- Layout -Roundoff BHS-whip-tuck

# TITAN ELITE ALL STARS CALENDAR 2023-2024

Dates are not finalized, and are subject to change

EVALUATION WEEK (Athletes will attend 1 designated evaluation slot)	MAY 15-18			
LEVELED PRACTICES BEGIN	MAY 23			
GYM CLOSED	JUNE 15-19			
TEAM REVEAL	June 22			
SKILLS CAMP- MANDATORY (Athletes will have 4 hours of camp over 2 days)	JUNE 24-25			
SUMMER PRACTICE BEGINS	JUNE 26			
CHOREOGRAPHY WEEK-MANDATORY (Athletes will have approximately 12 hours of choreography over 2 or 3 days)-Choreography dates for each team will be in team reveal packets.	AUGUST 7-12 OR AUGUST 21-24			
FALL TEAM PRACTICE BEGINS	SEPTEMBER 5			
STUNT CAMP- MANDATORY (Athletes will have 4 hours of camp over 2 days)	SEPTEMBER 9-10			
THANKSGIVING BREAK	NOVEMBER 23-26			
PROGRAM SHOWCASE	TBD-EARLY DECEMBER			
HOLIDAY BREAK	DECEMBER 23-JANUARY 1			
HOLIDAY PROGRAM SLEEPOVER	TBD			
SPRING BREAK	TBD			
REGIONAL SUMMIT	4/13/24-4/14/24			
YOUTH SUMMIT	4/25/24-4/26/24			
D2 SUMMIT	5/10/24-5/13/24			

# TITAN ELITE ALL STARS FINANCIAL AGREEMENT DUE UPON COMMITMENT

I,	Parent/Guardian of			
(Print name of parent/legal guardian)				
(Print name of team member) following financial a	understand and agree to the agreement:			
<ul> <li>I understand and agree that fee/tuition pays</li> <li>Competition Fees are due on the 15th of the mon</li> </ul>				
•I understand the Registration/Insurance feare all non refundable.	e, Competition fees and Practice Wear Fees			
•I understand that I am subject to a late fee month. Excessive tardiness in payments will be go balance will be sent to a professional collection agreesponsible for any court and legal fees applied. A in Sussex County.	rounds for dismissal and my account gency in Sussex County. Signee is			
•I also understand and agree that as a pare solely responsible for Monthly Tuition on the 1st, (fees, USASF Fees, as well as any additional fees bows, t-shirts, makeup, etc. All fees/monies once received a copy of the parent handbook/contract	Competition Fees, Insurance/ Registration if applicable such as uniform, warmup, a paid are Non- refundable and i have read/			
<ul> <li>I understand that the all star season begins tuition for the month of April and/or Regional Sum or am dismissed from the program prior to the en fees or balances charged/owed to my account pr</li> </ul>	nmit/Varsity D2 Summit. If I choose to leave d date in April/May, I am subject to any			
I understand the above rules and stipulations and Cheerleading to charge the credit card and/or barvia autopay.				
Parent/Guardian Signature:				
	Deter			

# **Athlete Information Form**

Shirt Size: YS YM YL AS AM AL AXL

Athlete Name:			_ Age:	_ Birthdate:		
Email:(			ell Phone: _			
Do you have any previo	ous cheerlea	ding expe	rience: YES	NO		
If so, where or which to	eam/level:					
(The following informat	ion is subjec	tive and d	oes <u><b>NOT</b></u> gu	arantee t	team pla	cement)
Circle Age Preference:	<u>Tiny 3-6</u> <u>Mini 5-8</u>		Yth 5-11		<u>Sr 13-18</u>	
Circle Tier Preference:	Tiny Novice		<u>Prep</u>		<u>Elite</u>	
Circle Crossover interest						<u>NO</u>
PARENT INFORMATIO	N:					
Mother:	F	Phone:				
Email:			_			
Mailing Adress:						City:
	State:		_ ∠ıp:			
Father:	Phone:				Email:	
Mailing Adress:						City:
						,
Emergency Contact:						
Name: Phone:		Rel	ationship:			-
Do you have any previo			•			
Please explain:						
Please list any existing	allergies:					<del></del>